

# NEWS

## Tip of the Week

### Use proper care for houseplants

Proper care makes houseplants more attractive and helps reduce the incidence of insects and disease.

Dust should be washed from the leaves.

Specialists with Texas Cooperative Extension recommend washing plants with warm water and mild soap.

Cover the pot so no soap enters the soil.

Use sharp scissors to remove brown, dry leaf tips and for pruning to encourage bushy growth.

Foliage plants whose roots grow out of the bot-

tom of the pot need to be repotted. Do so without delay.

The new pot should be no more than 2 inches larger in diameter than the pot the plant is in.

Begin regular applications of water-soluble fertilizer.

General fertilization every two weeks between March and September is recommended.

A variety of fertilizers containing the major plant food elements nitrogen, phosphorous and potassium are available.

**Henry L. Alsmeyer,**  
**Smith County Master Gardener**

## Lunch, learn slated

The Texas Cooperative Extension and the Cherokee County Family and Consumer Sciences committee will sponsor a lunch and learn even from noon to 1 p.m. on Thursday, Aug. 16, at HOPE in Jacksonville.

The topic will be "Operating Technology Gadgets."

Those on their lunch hour are invited to bring a sack lunch and enjoy the program while eating.

Tea, water and coffee will be provided.

Please call Louriseal McDonald at 903-683-5416 for more information and to reserve a spot.

## 'Godspell Jr.' set for Longview stage

Longview -- ArtsView Children's Theatre will present 'Godspell Jr.', starring a cast of local 13 - 18 year old students.

The production combines a cast and crew of sixteen teenagers with guitar, piano, and drums.

Through acting, musical skills and technical talent, the "Godspell" troupe will share the production at 7 on Friday, Aug. 10, 2 p.m. and 7 p.m. on Saturday, Aug. 11, at ArtsView Children's Theatre, located at 313 W. Tyler St.

Admission is \$8.

The play is based on the book by John Michael

Tebelak, which is based on "The Gospel According to St. Matthew."

For tickets, please call 903-236-7535 or see the Web site at [www.artsview-childrenstheatre.com](http://www.artsview-childrenstheatre.com)

The cast and crew include students from a variety of schools in the area.

ArtsView, founded in 2004, is a local theater company committed to a progressive education and outreach program that ignites youth from all levels of society with an enduring passion for the performing arts through both observation and participation.

## MEALS ON WHEELS

### Wednesday, Aug. 8

Catfish Filet  
Pinto Beans  
Cabbage Slaw  
Hush Puppies  
Fruit Cobbler

### Thursday, Aug. 9

Turkey Tetrazzini  
Green Beans  
Buttered Carrots  
Wheat Bread  
Jell-O

### Friday, Aug. 10

Barbecued Chicken  
Ranch-style beans  
Corn Nuggets  
Bread  
Sliced Peaches

### Monday, Aug. 13

Chicken Tenders  
Potato Rockefeller  
Broccoli with Cheese Sauce  
Roll  
Cookies

### Tuesday, Aug. 14

Barbecued Beef on a Bun  
Baked Beans  
Potato Salad  
Bun  
Peach Slices

### Wednesday, Aug. 15

Meatballs and Gravy  
Buttered Noodles  
California-blended

Vegetables  
Roll  
Pudding

### Thursday, Aug. 16

Smoked Sausage  
Great Northern Beans  
Fried Squash  
Cornbread  
Fresh Fruit

### Friday, Aug. 17

Chicken Salad with Lettuce  
English Pea Salad  
Pears  
Bread  
Jell-O

### Monday, Aug. 20

Steak Fingers  
French Fries  
Seasoned Carrots  
Wheat Bread  
Fresh Fruit

### Tuesday, Aug. 21

Spaghetti with Meat Sauce  
Seasoned Green Beans  
Tossed Salad  
French Bread  
Sliced Peaches

### Wednesday, Aug. 22

Glazed Ham  
White Butter Beans  
Breaded Squash  
Cornbread  
Cookies

## Cherokee County sets fall seminars

Fall gardening seminars will be held in Cherokee County on Aug. 9, 13 and 16.

The one-hour seminars will highlight fall vegetable production opportunities.

Soil preparation, variety selection and pest management will be outlined.

Time will be allocated for lawn questions on cool season weed prevention.

The Aug. 13 seminar will be held at noon at the Jacksonville Public Library.

On Aug. 9 and 16, the

meetings will be at noon at the Alto Public Library.

Soil sample bags and data sheets, as well as vegetable planting guides will be available at each seminar.

County Extension Horticulturist Joe Daniel will be at each seminar to answer questions.

Whether in a flowerbed, window box or garden row, plan to take advantage of the fall gardening season.

Its nutrition, flavor and exercise will be beneficial.

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Trinity Clinic Welcomes



Jonathan L. Redmon, MD  
Laparoscopic and General Surgery


**My Life.**

A native of east Texas, Jonathan Redmon, MD, received his undergraduate degree from Austin College in Sherman, Texas and his medical education from The University of Texas Medical School in Houston, Texas. He then completed his surgical residency at Christus St. Joseph Hospital in Houston. He is board certified in surgery by the American Board of Surgery. He is a member of the American College of Surgeons, Society of American Gastrointestinal Endoscopic Surgeons and Texas Medical Association.

**My Calling.**

"My wife and I grew up in east Texas and look forward to being close to our family. I am excited about joining Trinity Clinic and getting to know the fine people in the Jacksonville area."

**My Journey.**

  
Jacksonville

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